



First Month  
**FREE!!**

## Why consider Karate For your child?

- **Self Confidence:** As your child accomplishes new goals at their own pace, their confidence level will increase.
- **Better Grades:** following directions & paying attention will help them to become better students.
- **Coordination:** Develop coordination, balance, agility, poise and resilience.
- **Fun:** Karate lessons provide a dynamic and challenging approach for all abilities. We focus on keeping students engaged and included at all times.
- **Self Defence:** We don't promote aggression. Karate teaches children to think instead of panic and how to react to threats such as bullying.
- **Mentoring:** Our instructors are generally parents and fellow junior students. We understand first hand that Children need supportive positive role models.



### Westbourne Park Primary School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>Kids</b>	6-7pm	6-7pm	6-7pm	6-7pm



Golden Knights  
Goodwood Dojo

**Call Mike 0403 498 264**

**est. 1981**

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